Town&Country September 2010

"How Four Fabulous Women Rusticate"

Plum Sykes, Laura Catena, Alexandra Champalimaud and Jenna Bush Hager.





Laura Catena

President of Bodega Catena Zapata winery; practicing ER doctor at San Francisco's UCSF Medical Center. Weekends in Mendoza, Argentina.

"Since September is the beginning of spring in Argentina, I'm either out in the vineyard checking on the vines or going for a horseback ride at our country home in Mendoza. I admire the style of our gauchos-Argentine cowboys-and I often dress in carpincho boots from Cardón paired with jeans or bombachas, our version of jodhpurs. Arandú makes the best. They even make adorable ones for children. Sometimes I'll accessorize with a traditional panuelo [scarf], beret and faja-a sash that you wrap around your waist. They are Indian in origin and are very colorful and beautiful. I buy them by the dozen."



Arandú woven cotton belts (\$27-\$38), arandu.com.ar.

Laura Catena featured in Town & Country